



## New guides show you how to plan your congress days

**Physical therapists intending to attend the WCPT Congress in Amsterdam in June are getting a new tool to help plan their visit.**

A new set of programme guides is being published on the WCPT website to allow those who have a special interest to spot at a glance which sessions are especially relevant to them. Given that there are around 140 sessions at the congress, this will make it far easier for delegates and potential delegates to get a perspective on the programme that tallies with their own interests, according to WCPT's Tracy Bury.

"We're aware that, with so much going on at Congress, and a lot of different types of sessions, it can be a bit intimidating looking through a programme trying to pick out all the bits that are most relevant to you. Through our new guides, we're providing some suggestions, but we're certainly not being prescriptive."

"One of the great values, and joys, of WCPT Congresses, is that those who attend can go to sessions about broad professional issues, and learn about areas beyond their specialty or immediate work situation. This is one of the benefits of attending for all three days. We hope people will try and make the most of opportunities for learning, sharing and networking not just about clinical interests but the wider aspects of their professional life as part of a large global community."

The new planning guides cover the following topic areas:

- Cardiothoracic/pulmonary
- Disability and rehabilitation
- Education
- Evidence based practice
- Gender health
- Global health
- Musculoskeletal
- Neurology
- Older people
- Paediatrics
- Physical activity and health promotion
- Professional issues
- Sport injuries

The one-page topic guides show each day of the congress, and list the focused symposia, discussion panels, networking sessions, platform, poster discussion and poster sessions, along with the satellite programme education sessions and clinical visits.

You can see the new guides on the congress section of the WCPT website at [www.wcpt.org/node/39115](http://www.wcpt.org/node/39115).